



# PARENT CHILD MOTHER GOOSE

THURSDAY'S DURING SCHOOL TERMS

FOR PARENTS OF BABIES & YOUNG CHILDREN 0 - 4 YEARS



***'Rhymes, songs and stories are beautiful practical tools that make daily life with a baby easier and more joyful.'***

*Parent Child Mother Goose Program*

*Using touch and play you will learn new positive ways to connect and care for your baby. You can use rhymes, songs and stories at home to help settle your baby or just have fun together.*

*Watch the delight on your baby's face when you use a rhyme or song they know. All of this helps your baby learn and helps you get to know them better.*

**Where:** Albury Community Health - 596 Smollett St, Albury

**Time:** 10 - 11am, Thursday's during school terms

**Limited places available, booking essential**

**If you are interested please phone Women's Centre 02) 6041 1977**

